



ADANSI SOUTH DISTRICT ASSEMBLY

P. O. BOX 1
New Edubiase
Digital Address: A3-0001-3114
Our Ref No: ASDA.16/10/02
Your Ref No:
Date: 1ST AUGUST, 2025

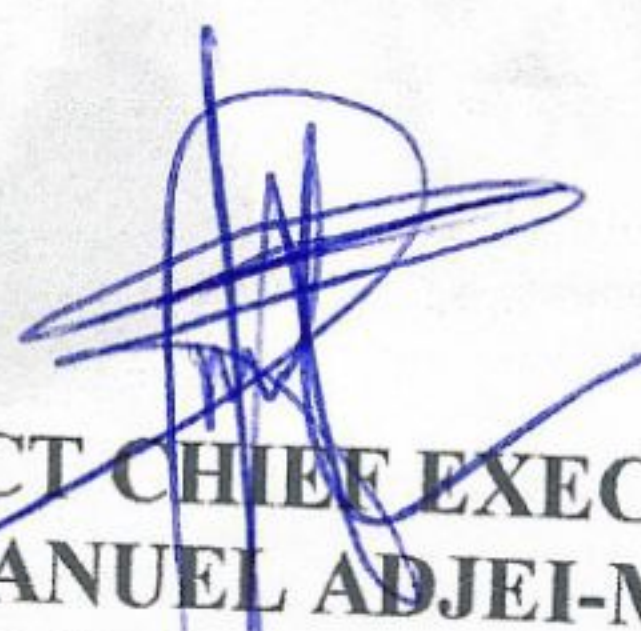
INVITATION TO A ONE-DAY TRAINING ON NUTRITION

You are hereby invited to attend a one-day intensive training on nutrition on Thursday, 14th August 2025, at 2:00 pm at the District Assembly Hall, New Edubiase.

AGENDA

1. Opening Prayer
2. Opening Remarks by the School Feeding Desk Officer
3. Presentation by District Nutrition Officer
4. Presentation by District Environmental Health Officer
5. Any other matters
6. Closing Prayer.

All should endeavour to attend on time.


For: DISTRICT CHIEF EXECUTIVE
PLN. EMMANUEL ADJEI-MENSAH
(DESK OFFICER GSFP)

DISTRIBUTION

ALL CATERERS
GHANA SCHOOL FEEDING PROGRAMME
ADANSI SOUTH

ALL FOOD VENDORS
NEW EDUBIASE

cc. Director of Education
Ghana Education Service
Adansi South

Nutrition Officers
Ghana Health Service
Adansi South

Env'tal Health Officer
Ghana Health Service
Adansi South



ASHANTI
REGION

Tel: 0322-496142
Email: adansisouth@gmail.com
Website: www.asda.gov.gh

**ADANSI SOUTH DISTRICT
ASSEMBLY**

**NUTRITION TRAINING
REPORT**

AUGUST, 2025

REPORT ON ORIENTATION FOR FOOD VENDORS AND SCHOOL FEEDING PROGRAMME CATERERS ON NUTRITION

1.0 Introduction

On 14th August, 2025, the Adansi South District Assembly organized an orientation programme specifically for food vendors and School Feeding Programme caterers. This initiative was part of a broader effort to improve the nutritional well-being of school children and the general public while promoting healthy living standards across the district. The primary focus of the training was to equip participants with the essential skills and knowledge required for nutrition, food safety, and hygiene practices, ensuring the delivery of wholesome and balanced meals.

2.0 Objectives of the Orientation

The training session was guided by four key objectives:

- **Sensitization:** Educating vendors and caterers on the vital role nutrition plays in child development and public health.
- **Education:** Providing instruction on food safety, hygiene protocols, and proper handling practices.
- **Standardization:** Promoting the preparation of diets that align with national nutrition standards.
- **Capacity Building:** Strengthening the ability of stakeholders to effectively support the Ghana School Feeding Programme.

3.0 Participation and Proceedings

A total of 68 participants attended the session, representing a broad range of stakeholders, including food vendors, caterers, nutrition and environmental health officers, education officials, and Assembly representatives.

The proceedings were structured as follows:

- **Opening Address:** The District Chief Executive (DCE) emphasized the Assembly's unwavering commitment to food safety and nutritional health within the district.
- **Nutrition Principles:** The District Nutrition Officer delivered a presentation on balanced diets, dietary diversity, and the importance of utilizing locally available foods to meet the nutritional requirements of children.

- **Hygiene and Safety:** The Environmental Health Officer provided training on waste disposal, personal hygiene, and storage techniques intended to prevent the spread of foodborne diseases.
- **Regulatory Guidelines:** A representative from the Ghana School Feeding Programme Secretariat outlined mandatory standards regarding menu planning, portion sizes, and the use of high-quality ingredients.
- **Interactive Learning:** The session concluded with practical demonstrations on meal planning and interactive discussions where participants shared professional experiences.

4.0 Key Issues Identified

During the orientation, several critical challenges and focus areas were discussed:

- The necessity for caterers to prioritize nutrition over profit margins.
- Logistical hurdles, including rising food prices, inadequate kitchen infrastructure, and gaps in general nutritional knowledge.
- The need for enhanced collaboration between the Assembly, nutrition officers, and food vendors to ensure adherence to established standards.
- The importance of implementing regular monitoring and evaluation systems for food services under the School Feeding Programme.

5.0 Strategic Recommendations

To ensure the long-term success of these nutritional initiatives, the following actions are recommended:

- Provide continuous capacity building and periodic refresher training for all food handlers.
- Empower Environmental Health Officers to conduct strict monitoring to enforce hygiene and safety standards.
- Encourage the use of locally produced food items to simultaneously improve nutrition and support the local economy.
- Foster stronger stakeholder collaboration to maintain the sustainability and quality of the School Feeding Programme.

6.0 Conclusion

The orientation was highly successful, providing participants with the requisite expertise to enhance the quality of meals provided to the public. The Assembly remains confident that these newly acquired skills will lead to improved health outcomes and create a more effective learning environment for school children throughout the district.

Prepared By:

Pln. Emmanuel A. Mensah

Date: 29th August, 2025.

WEST DEVELOPMENT PLANNING OFFICER
ADANSI SOUTH DISTRICT ASSEMBLY
P. O. BOX 1
NEW EDUBIASE

GALLERY

